Prompt Card

OPTIONS FOR COACHING IMPACT



Impact: How will lives be different because you touched them?

Past

Go to an encounter of the most resonant experiences. What impact was I having when I was in my most resonant experience(s)? Explore feelings, metaphors and depth of this.

Present

What is it that most brings me alive today? When am I at my best? Who am I serving? What am I impacting? Explore my impact on the people, spiritual realm, earth, economy, atmosphere.

Future

What are my dreams? What is my vision? What do I want my life to count for? Imagine I am living out a big dream I have – What is the impact I am having when I am operating in this?

Guided Visualisation (for IMPACT) - Airport Machine

You are sitting in your living room and you hear a knock at the front door. You open the door to a very official looking man, in a suit. He explains that he is a government official on an assignment which he needs your help with. You ask him in, and as you sit in your living room together he explains that you have been specially chosen, for your insight and wisdom.

There is a new machine that has been installed at the busiest airport in the world, it has special new ground breaking technology. Everyone who goes through that airport walks through this machine, and most people in the world will at some point in their lives have to go through this machine. Ground breaking technology enables the machine to be programmed to change people in any way that is chosen. When people walk through the machine they will be different in some way. This is a chance to radically change billions of people. Because of your insight and wisdom, the government wants you to choose how this machine is programmed and what happens to people when walking through it.

You must give this official government agent a decision on how you would like the machine programmed in this meeting. What do you choose? Tell the agent about this. Give him instructions. The government agent leaves your house.

Now talk to Jesus. What does he think about what you came up with on the spur of the moment? Ask him how that links to your destiny and what impact he made you to have on the world.

Some helpful questions to identify impact

- How will people's lives be different because of your contribution?
- How will the benefit be to those you serve?
- What will the impact of your business, coaching, mothering, teaching, building, etc etc be on those that experience it?
- What will the impact be on people spiritually and for eternity?
- If you could the describe the impact you see yourself having as a picture. Metaphor, movie, object, animal what would it be?
- Ask Jesus, HS or Father God to show you something about your impact.