

Prompt Card

OPTIONS FOR COACHING GRACE AND AUTHORITY
WHEEL



This wheel is powerful because it works on the spiritual law that the power of the testimony is the spirit of prophecy (Rev 19:10) - It unpacks testimony that may have been previously hidden, unused and latent. This allows people to have confidence in stepping out in our authority in specific areas, knowing that God will do it again.

Recommendation for a 30 minute coaching session – briefly do section 1 and 2 and spend most of your time on 3.

1. Starting a coaching session on the Grace and Authority Wheel

- Firstly, go through the wheel and mark what you feel your awareness is between 1 and 10.
- 10 is high and would represent that you feel you could not know much more about all that you have in this area.
- If you are a 10 you would easily be able to express what this segment contains in your life to someone. For example, if given the chance you would perhaps be able to talk or write, for hours and hours about it.
- A 1 would mean that you have never really thought about it much, and have a few ideas but have not unpacked what you have in this area.
- A zero would be that you have no idea at all what you have in your life to be unpacked here.
- Based on this have a go at doing the wheel yourself and look at it ask yourself the questions below. Then you are more equipped to coach your coachee to do it.

2. General wheel awareness building questions

Giving feedback when the whole wheel is filled in.

- What does it show you about your awareness?
- What surprises you?
- What does it make you think about?
- What does it show you about the season you are in?
- As you go around the wheel ask your coachee: What made you put a number ___ here?
- Tell me about the grace you have experienced here.
- How has God been at work here?

3. Pick an area to work on – you can focus a session on this area alone.

- Tell me more about, *pick a segment which may have a low awareness score* (eg. DNA or God encounters etc)? Lets explore more about that. Lead your coachee to spend some time in this segment and talk about it, using open questions which will increase their awareness.
- Getting your coachee to own what is coming up helps build confidence and awareness
- Let's make a declaration – Own it! – I have grace and authority in the area of...(name some specifics that have come up).....
- You can activate your coachee to intentionally increase their grace and authority by asking:
 - What could continuing increasing grace and authority look like in this area going forward?
 - How do I want to use this authority in the future?
 - How does this help my confidence moving forward into the areas I want to?
 - What is my awareness of this area now out of 10?